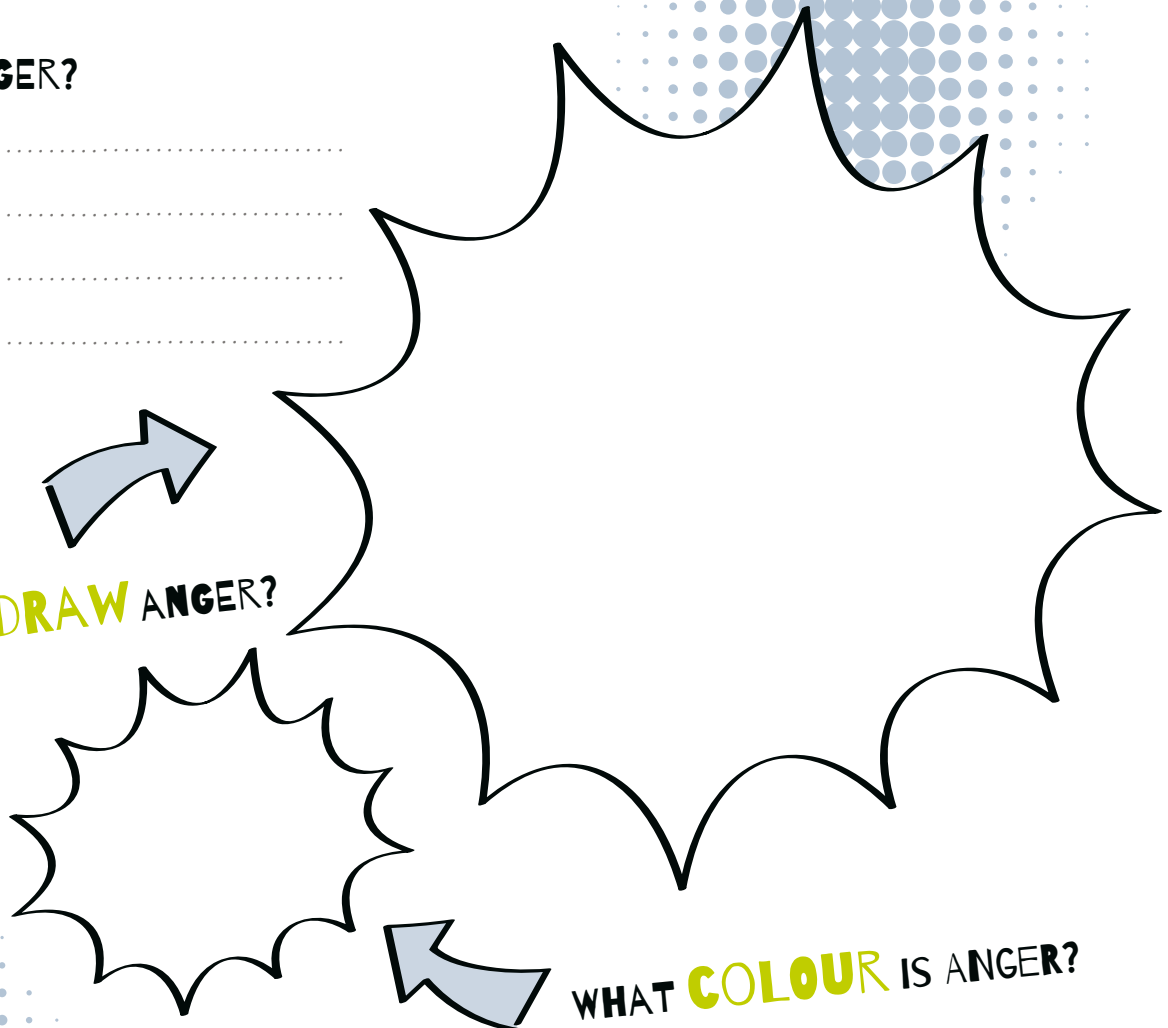


Anger

WHAT IS ANGER?

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.....
.....
.....

CAN YOU **DRAW** ANGER?



WHAT **COLOUR** IS ANGER?

When do you feel angry?

.....
.....

Is feeling angry OK?

.....
.....

How do you behave or react when you feel angry?

.....
.....

What can you try instead?

.....
.....
.....



Anger

Remember to talk about how anger is a feeling and that is OK. Talk about how we all get angry and give an example of how you've been angry before (car accident, something dropping etc).

Talk about how feeling angry at that time was OK, but then follow up with how you dealt with that anger.