

Behaviour Plan

Think of a time you got into trouble because of your behaviour, or of something you do often because of how you feel that hurts or affects others.

What will happen if I no longer behave this way?

How can I try and stop behaving like this, what can I change?

What can other people do to help me change my behaviour?

How will I know that I'm making progress?

What should I do if I start behaving this way again?

How will I feel if I don't behave this way anymore?



Behaviour Plan

**Age appropriate activity
(amend if needed).**

What is a behaviour plan?

Encourage reflection.

**Children can take this home
if they want to.**