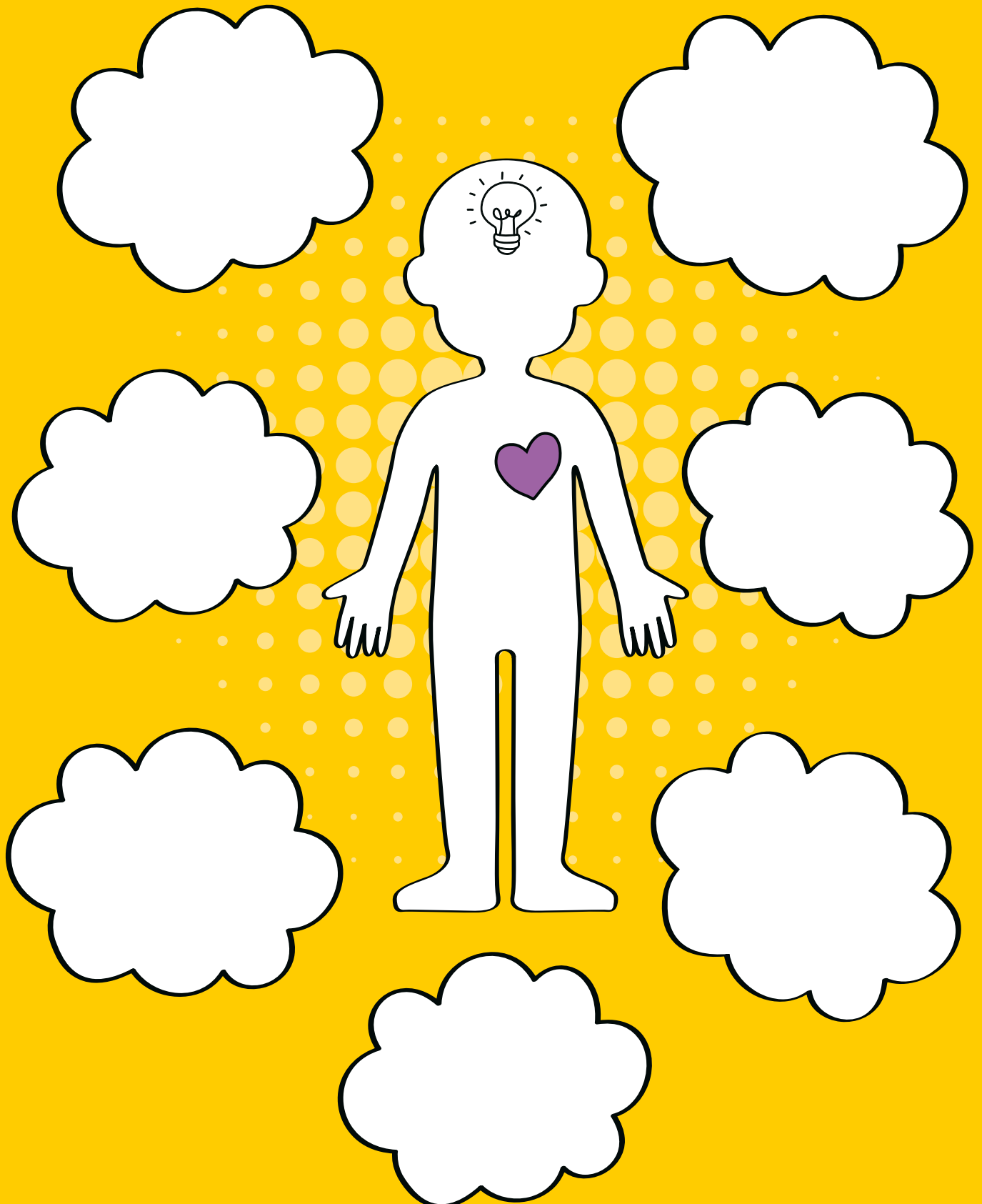


How I Feel Inside

WHEN THINGS HAPPEN THAT YOU DON'T LIKE,
HOW DO YOU FEEL INSIDE?



How I Feel Inside

If the child can't think of anything they don't like at the moment, then ask them to think of something that has happened before (they don't have to tell you if they don't want to).

Ask them how they felt inside as a result of that. They can draw or write their answers.