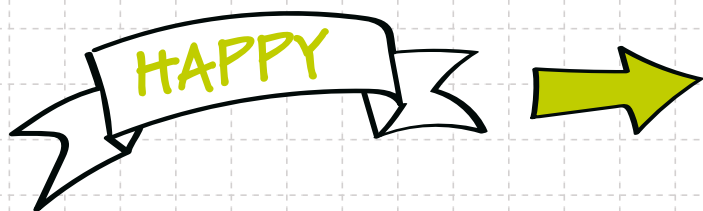


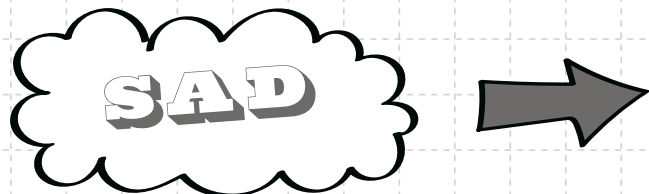
# Our Behaviour

Feelings will often drive our behaviours and how we feel will impact how we act.

Can you draw or write some behaviours from the feelings below?



*e.g. smiling, hugging*





## **Our Behaviour**

**What does the word behaviour mean?**

**What do we mean by 'behaviour is linked with feelings?' Discuss this further.**

**Can they think of a time where they have acted negatively because of how they have felt?**

**What happened and how did they feel?**