

# Secrets

What are **SECRETS**?

Some secrets can make us feel **HAPPY** or *excited* and some secrets can make us feel **SCARED, worried, angry** or **SAD.**

Can you list some secrets that make us feel happy?

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**REMEMBER**

If someone tells you a secret that makes you feel uncomfortable, scared, worried or sad then please tell an adult who you trust.

Some secrets make us feel worried or scared and they are **NOT** good secrets. You will **NEVER** get into trouble for telling someone about these!



