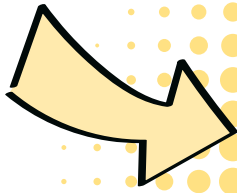


The Anger Rules

**IT'S OK TO
FEEL ANGRY
BUT...**



DON'T hurt others
DON'T hurt yourself
DON'T hurt property
DO talk about it



How do you react when you are angry?

How do your parents/carers react when they get angry?

What did you learn about anger when you were younger?

What do your teachers do when they get angry?

How do you feel around adults who are angry?



The Anger Rules

Reiterate that anger is a feeling and feelings are normal, that anger is OK, but violence and abuse is not OK.

Discuss questions and support further pending answers received.