



**EDUCATION
AND
Learning**



INSIDE

- Where I Learn
- What I Like
- Staying Focused
- Learning Styles
- Study Plan
- My Classroom
- Distractions
- Getting Organised
- Morning Routine
- My School Route
- Education Quiz
- Learning Styles
- Break-time
- Homework
- Activities and Clubs
- Conflicts at School



Where I Learn

This is where I learn

If you learn in school what is the name of your school:

Teacher name:

Class / Year:



Where I Learn

Refer to the 'Friends' booklet
if bullying comes up.

If home-schooled draw a picture
of where they usually sit or work.

What I Like

The best thing about school

.....

.....

.....

.....

.....

My favourite teacher and why

.....

.....

.....

.....

.....

The worst thing about school

.....

.....

.....

.....

.....

My least favourite person in school

.....

.....

.....

.....

.....

My favourite lesson

.....

.....

.....

.....

.....

What I like to do at break
and lunch time

.....

.....

.....

.....

.....

My worst lesson

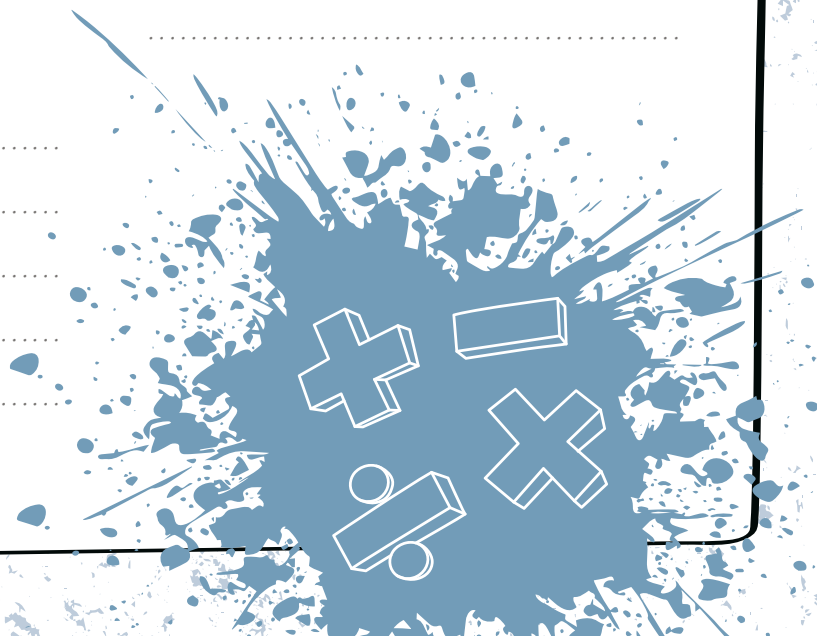
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What I Like

The child can draw or write.

Explore the 'least' or 'worst'
comments further.

Staying Focused

Try these strategies to help you stay focused in class

Get a drink of water



Talk to an adult I trust



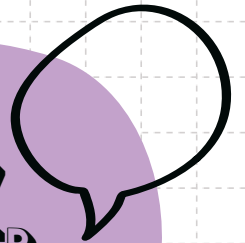
Massage my ears



BREATHE SLOWLY AND STEADILY



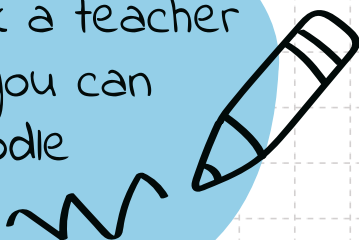
ASK MY TEACHER FOR HELP



Set up a space free from distractions



Ask a teacher if you can doodle



Stretch



Staying Focused

Do they struggle to stay focused in class?

Why do they struggle to stay focused?

What happens when they can't or don't focus?

Explain that the child should only use the strategies in the activity if applicable.

Can they think of any others?

Learning Styles



How do you like to learn?

- | | | | |
|-----------------------|---|-----|----|
| <input type="radio"/> | 1) I work best when it's quiet | YES | NO |
| <input type="radio"/> | 2) I can work in a noisy classroom | YES | NO |
| <input type="radio"/> | 3) I like to work at a table or desk | YES | NO |
| <input type="radio"/> | 4) I like to work on the floor | YES | NO |
| <input type="radio"/> | 5) I like to work on something until it's finished | YES | NO |
| <input type="radio"/> | 6) Sometimes I get frustrated with my work and don't finish | YES | NO |
| <input type="radio"/> | 7) I like to learn by moving around the room | YES | NO |
| <input type="radio"/> | 8) I like to learn by sitting at my desk | YES | NO |
| <input type="radio"/> | 9) I like to work by myself | YES | NO |
| <input type="radio"/> | 10) I like to work in a group | YES | NO |

Learning Styles

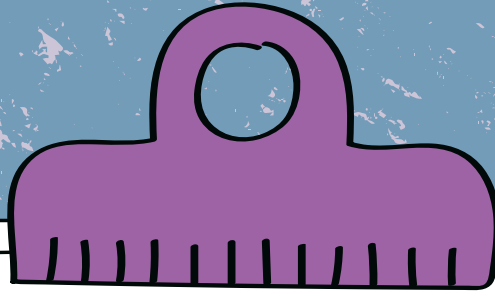
What does the word learning styles mean?

What are the different learning styles?

What results have you found
from the answers?

How can the way they learn impact
on how they are in school?

Study Plan



Use this worksheet to create a plan of action for studying

What am I studying for?

How prepared am I for this quiz / test / assignment?

1 2 3 4 5 6 7 8 9 10

What topic or section am I most worried about?

.....

What topic or section am I most confident about?

.....

What is the best way for me to study?

.....

.....

What days and times can I study?

MON TUES WED THUR FRI SAT SUN

How will I know when I'm fully prepared?

.....

.....

.....

Study Plan

Go through how to use a study plan.

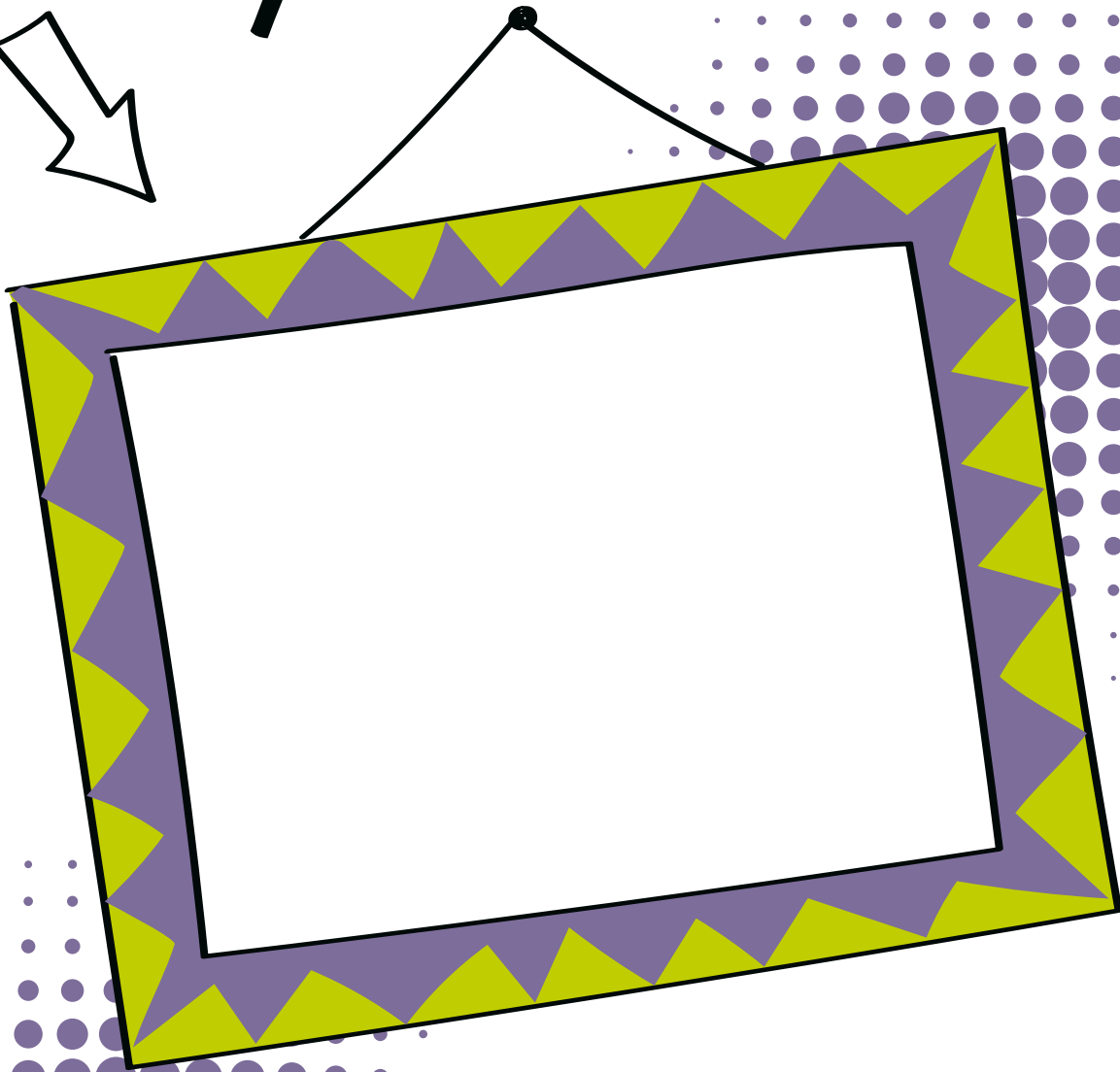
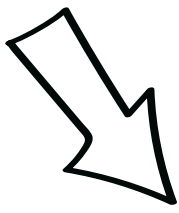
Benefits of the study plan.

Use more than one if needed.

Can be changed to homework plan.

**Allow the child to take this home
with them to refer back to.**

My Classroom



I like my class because

I usually sit by

My classroom could be better if

.....

I can concentrate in class

Yes

No

I wish my classmates would

.....

.....



My Classroom

If they are home-schooled then use
a picture of where they learn.

Amend questions to suit.

Distractions

What
distracts
you from
learning?



Distractions

**Give examples of distractions
if they need support.**

How often do they get distracted?

**What happens when they get
distracted in class?**

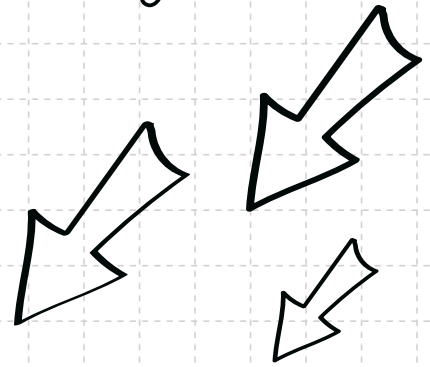
How does this make them feel?

What can they do to change this?

Getting Organised

Sometimes if we are organised the night before school
it can help us feel better the next day.

Can you make a list of things that you or an adult can help
you do the night before school to be more organised?



Getting Organised

What does the word organised mean?

Give examples of things that can be done if they need support.

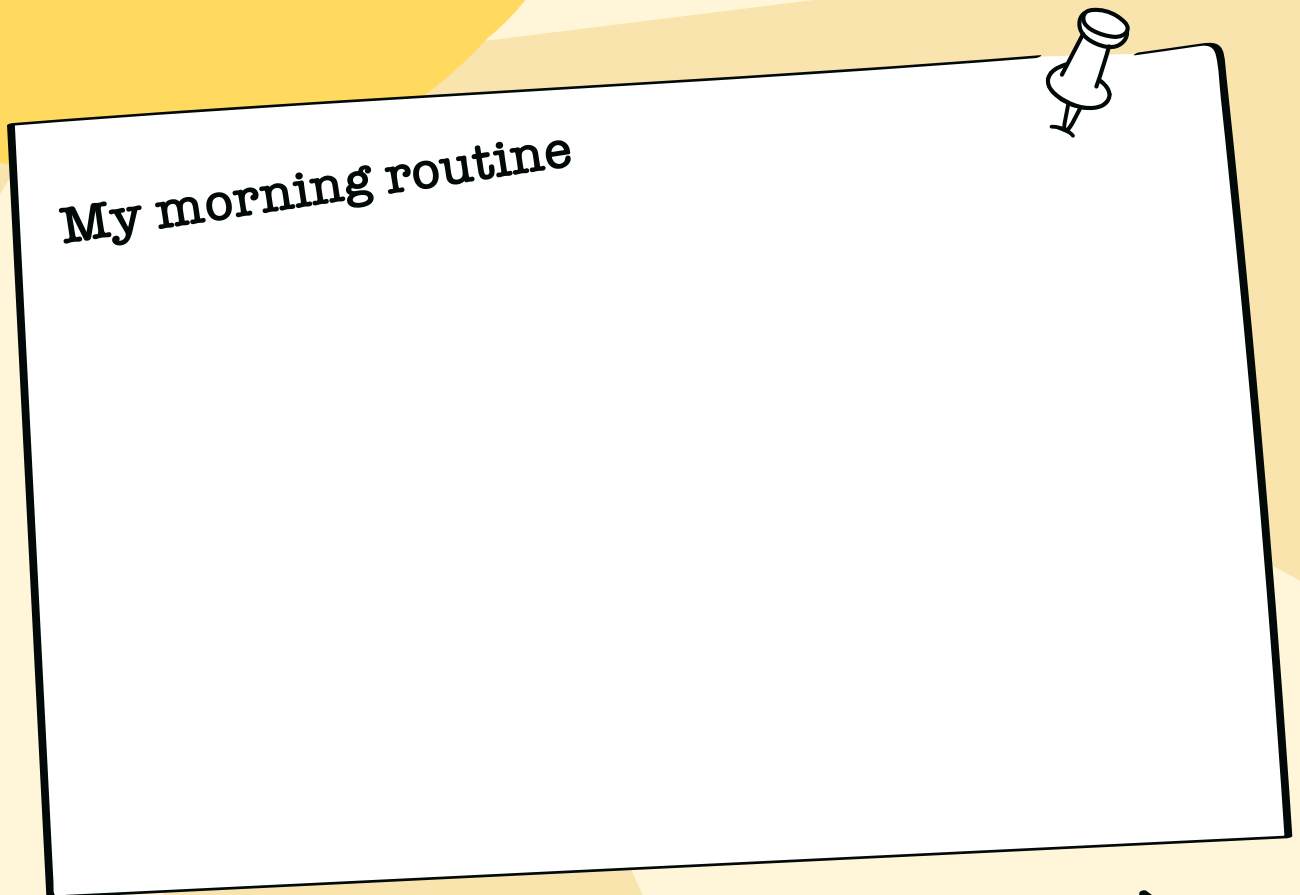
How would this benefit them?

The child can take this activity home for reference if they wish.

Morning Routine

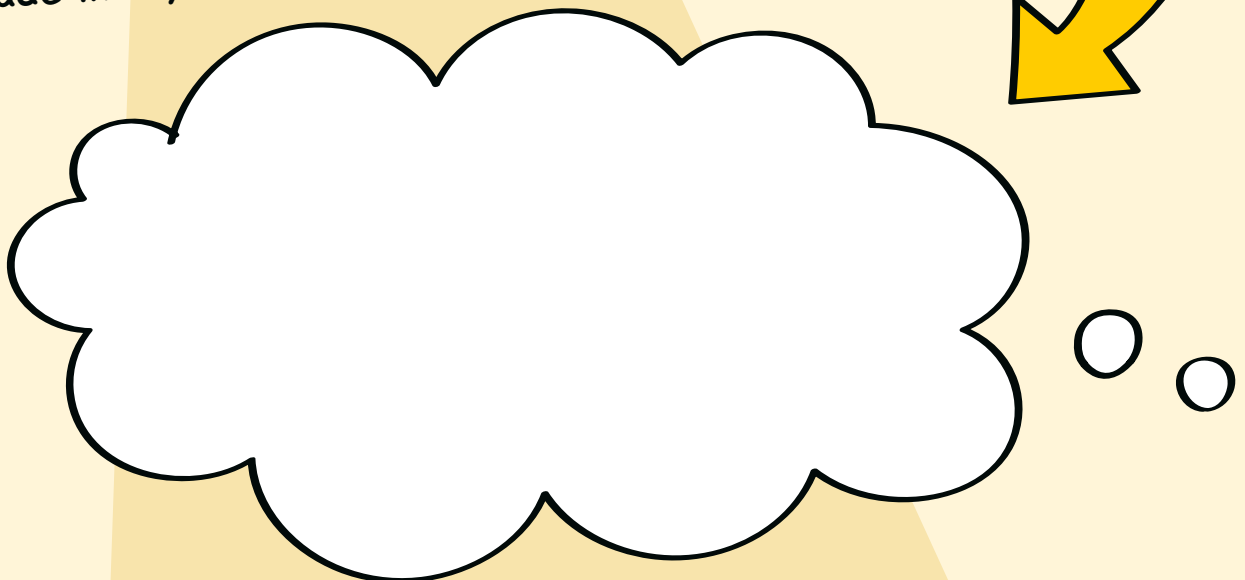
If we have a good morning routine this can help
kick start our day in a positive way

WHAT IS YOUR MORNING ROUTINE?



My morning routine

Can you think of any other things that you can
include into your morning routine before school?



Morning Routine

What is a routine?

Give examples of things that the child can add or include to their morning routine.

Would this help them in the morning?

They can take the activity home for reference if they wish.

My School Route

How far
away is school?

How do you
get to school?

Who takes
you to school?

Do you meet
friends on your
way to or from school?

Are you sometimes
late for school?
If yes, why is that?

How would
you prefer to get
to school?



My School Route

**Support further if needed
pending answers.**

Education Quiz

You and school...

- I care about my education Yes No Sometimes
- I like school Yes No Sometimes
- I have friends in school Yes No Sometimes
- I get on with my teachers Yes No Sometimes
- I get into trouble at school Yes No Sometimes
- I find it hard to concentrate Yes No Sometimes
- The work is too hard Yes No Sometimes
- I have someone to talk to in school Yes No Sometimes
- I am getting bullied at school Yes No Sometimes
- I struggle to make friends in school Yes No Sometimes



Education Quiz

Explore their answers further.

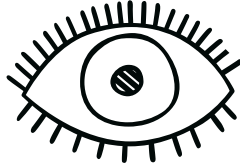
Support further, pending answers.

Learning Styles

What is your learning style?

VISUAL

You prefer using pictures and images



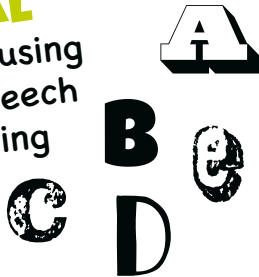
MUSICAL

You prefer using sound and music



VERBAL

You prefer using words - speech and writing



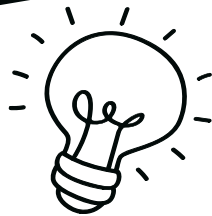
PHYSICAL

You prefer using your body, hands and touch



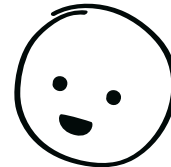
LOGICAL

You prefer using logic and reasoning



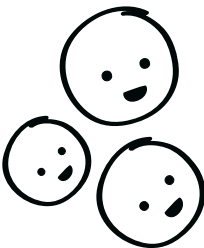
SOLITARY

You prefer to work by yourself



SOCIAL

You prefer to learn in groups



Do you get to learn this way in school? If not how can we help with this?



Learning Styles

Go through each learning style.

They may have more than one.

**Support further in regards
to school if needed.**

Break-time



At break-time I play with

.....
.....

we play

.....
.....

Sometimes I don't have anyone to play or hang out with because

.....

At break-times I usually

.....

There is a bully at break-times, this bully is

.....

Does this person bully you? YES NO SOMETIMES

How does that make you feel?

.....
.....
.....



Break-time

**Further support needed
pending answers.**

**Refer to the 'Friends' booklet
if bullying comes up.**

Homework



Do you get homework from school?

.....

Does anyone help you with your homework?

.....

Do you think your homework is too hard?

.....

Do you ever get in trouble with your homework?

.....

Do you have a quiet place at home where you can complete your homework?

.....



Do you have the right equipment to help you complete your homework? e.g. pens and pencils

.....

What distractions at home are stopping you from doing your homework sometimes?

.....

What would help you to get motivated or to complete your homework at home?

.....

.....

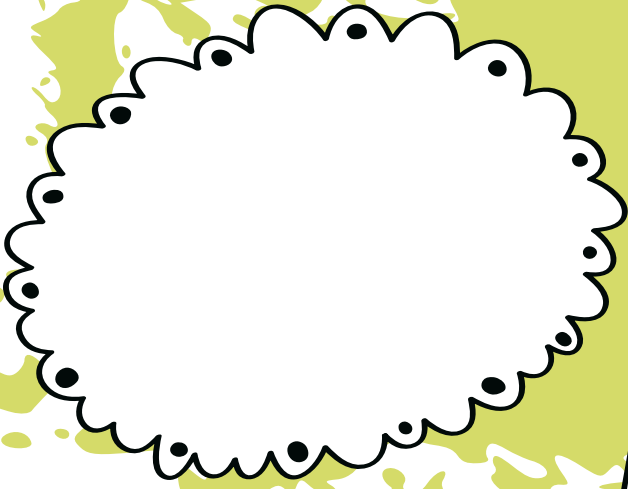
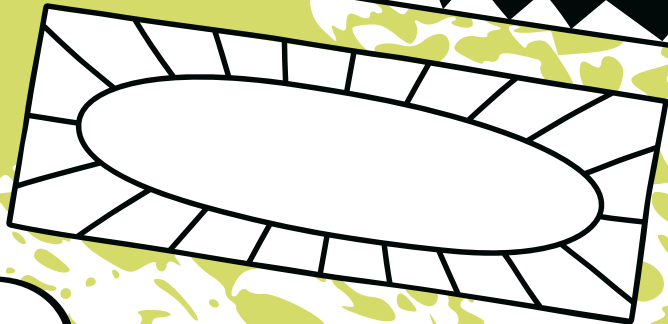
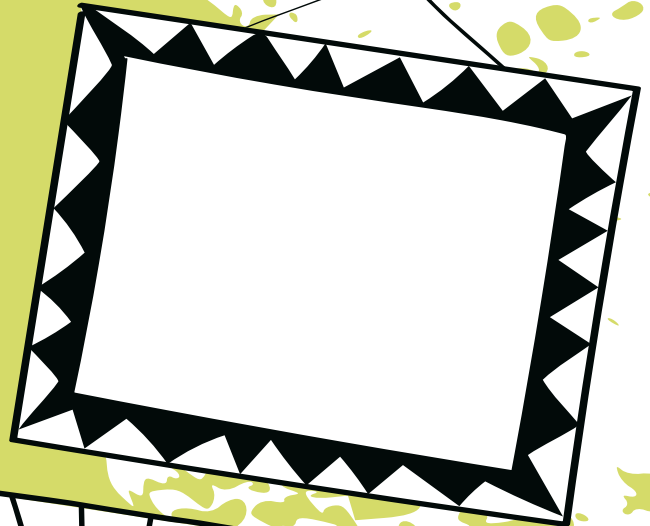
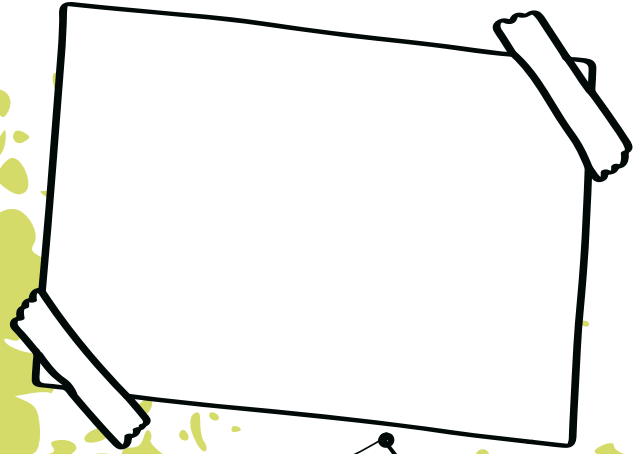
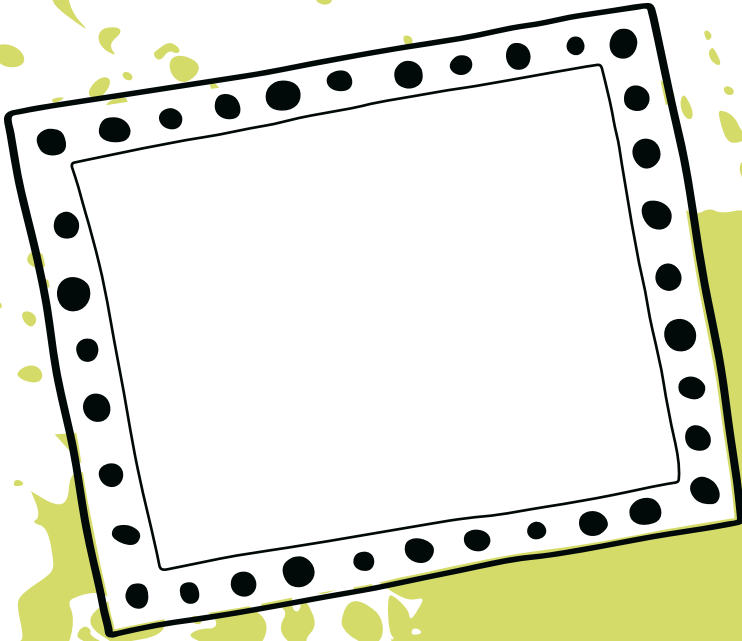


Homework

Further support needed
pending answers.

Activities and Clubs

Here are the **ACTIVITIES / CLUBS**
I do before, during and after school...



If you are not part of a club
or don't do any activities then
what would you like to do?

How can we help
you to achieve this?

Activities and Clubs

Does the child take part in any after school clubs, school groups or activities?

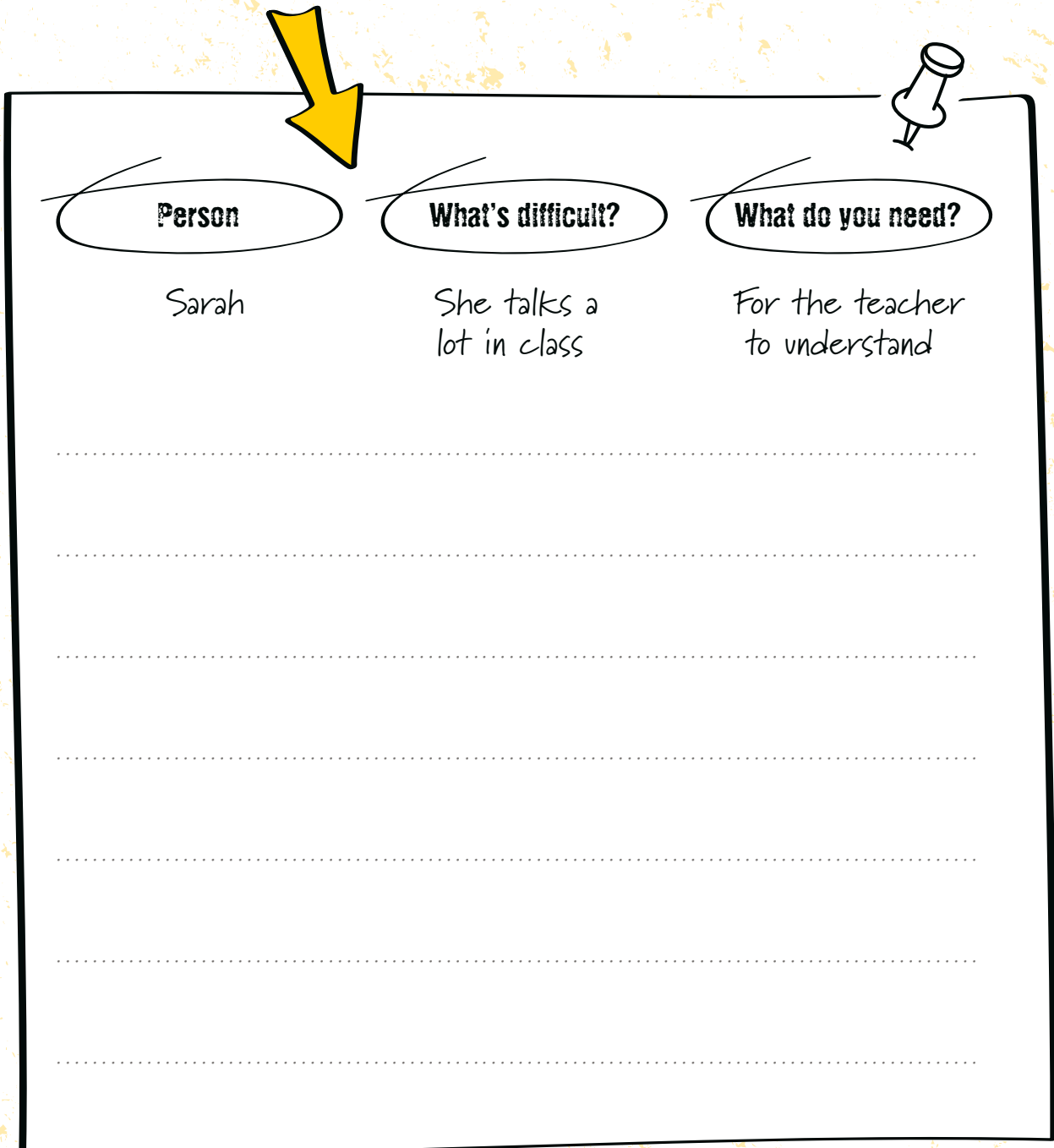
Include achievable activities/clubs in the boxes (research is needed).

Support further pending answers.

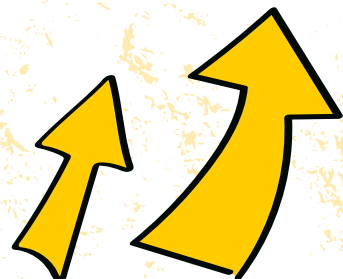
Conflicts at School

School is a big part of our lives. People can be hard to get along with for different reasons.

By following the first example below, let's think of two or three people who are difficult to get along with at school.



Person	What's difficult?	What do you need?
Sarah	She talks a lot in class	For the teacher to understand





Conflicts at School

What does the word conflict mean?

Give support on examples if needed.

**Further support needed
pending answers.**