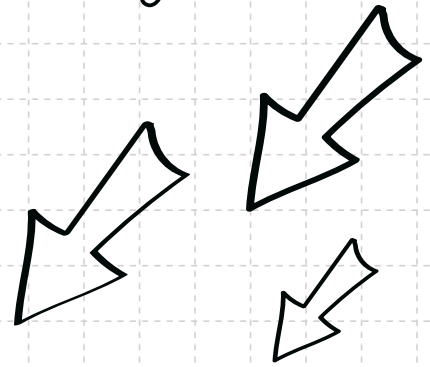


# Getting Organised

Sometimes if we are organised the night before school it can help us feel better the next day.

Can you make a list of things that you or an adult can help you do the night before school to be more organised?



## Getting Organised

What does the word organised mean?

Give examples of things that can be done if they need support.

How would this benefit them?

The child can take this activity home for reference if they wish.