

Morning Routine

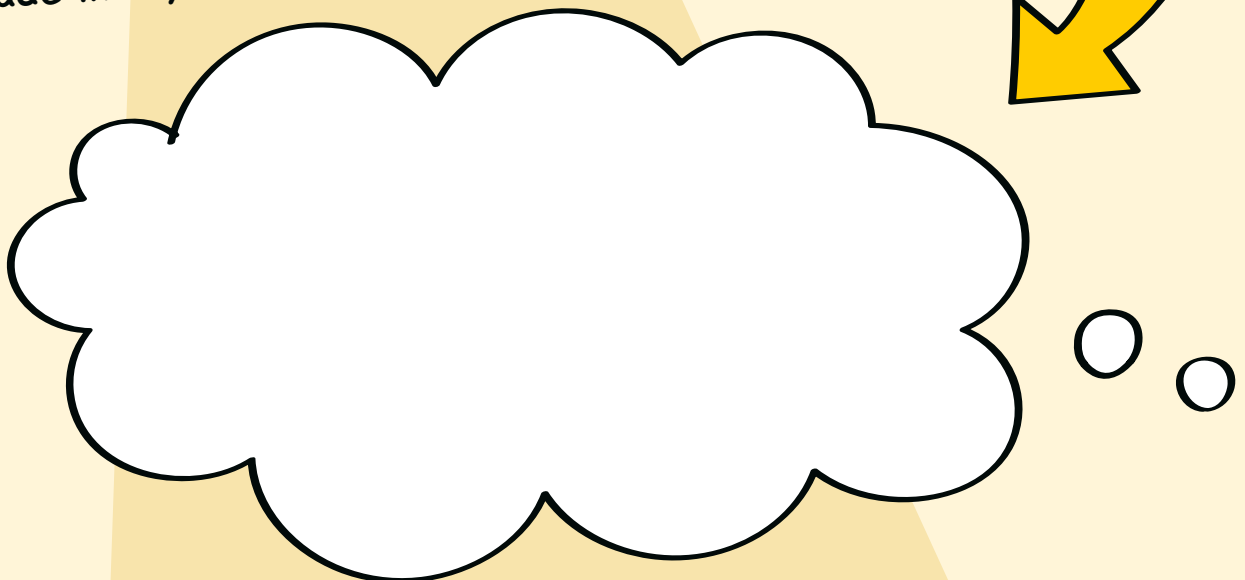
If we have a good morning routine this can help
kick start our day in a positive way

WHAT IS YOUR MORNING ROUTINE?



My morning routine

Can you think of any other things that you can
include into your morning routine before school?



Morning Routine

What is a routine?

Give examples of things that the child can add or include to their morning routine.

Would this help them in the morning?

They can take the activity home for reference if they wish.