

# My Safe Hand

In the **FINGERS** below list **5** people (if you can) in your family who make you feel safe or who keeps you safe.

On the **PALM** of the hand list people outside of your family who you may not know but who can still keep you safe.





## **My Safe Hand**

**Discuss the word safe and  
what it means.**

**Give options of people who they  
don't know who can keep them safe.**

**Discuss the term safe stranger.**